UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) February 1, 2024

CARA THERAPEUTICS, INC.

(Exact name of registrant as specified in its charter)

001-36279

(Commission

Delaware (State or other jurisdiction 75-3175693

(IRS Employer

of incorporation)	riie Number)	identification No.)
400 Atlantic Street Suite 500		
Stamford, Connecticut		06901
(Address of principal executive offices)		(Zip Code)
((r)
Registrant's telep	phone number, including area code	e (203) 406-3700
	4 Stamford Plaza	
	107 Elm Street, 9th Floor Stamford, Connecticut 06902	
(Former Name	or Former Address, if Changed Sin	nce Last Report)
(Former Name)	of Former Address, if Changed Sil	lee East Report)
Check the appropriate box below if the Form 8-K filing is infollowing provisions (<i>see</i> General Instruction A.2.):	tended to simultaneously satisfy th	ne filing obligation of the registrant under any of the
☐ Written communications pursuant to Rule 425 under the	e Securities Act (17 CFR 230.425)	
☐ Soliciting material pursuant to Rule 14a-12 under the Ex	xchange Act (17 CFR 240.14a-12)	
☐ Pre-commencement communications pursuant to Rule 1	4d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
$\hfill \Box$ Pre-commencement communications pursuant to Rule 1	3e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
Securities registered pursuant to Section 12(b) of the Act:		
Title of each class	Trading Symbol	Name of each exchange on which registered
Common Stock, par value \$0.001 per share	CARA	The Nasdaq Stock Market LLC
Indicate by check mark whether the registrant is an emerging chapter) or Rule 12b-2 of the Securities Exchange Act of 193 Emerging growth company □		ale 405 of the Securities Act of 1933 (§230.405 of this
If an emerging growth company, indicate by check mark if the or revised financial accounting standards provided pursuant to		

Item 3.01. Notice of Delisting or Failure to Satisfy a Continued Listing Rule or Standard; Transfer of Listing.

On February 1, 2024, Cara Therapeutics, Inc. (the "*Company*") received a notice from The Nasdaq Stock Market ("*Nasdaq*") that the Company is not in compliance with Nasdaq's Listing Rule 5450(a)(1), as the minimum bid price of the Company's common stock has been below \$1.00 per share for 30 consecutive business days. The notification of noncompliance has no immediate effect on the listing or trading of the Company's common stock on The Nasdaq Global Select Market.

The Company has 180 calendar days, or until July 30, 2024, to regain compliance with the minimum bid price requirement. To regain compliance, the minimum bid price of the Company's common stock must meet or exceed \$1.00 per share for a minimum of ten consecutive business days during this 180-calendar day grace period. In the event the Company does not regain compliance with the minimum bid price requirement by July 30, 2024, the Company may be eligible for an additional 180-calendar day compliance period if it elects to transfer to The Nasdaq Capital Market to take advantage of the additional compliance period offered on that market. To qualify, the Company would be required to meet the continued listing requirement for market value of publicly held shares and all other initial listing standards for The Nasdaq Capital Market, with the exception of the bid price requirement, and would need to provide written notice of its intention to cure the bid price deficiency during the second compliance period. The Company's failure to regain compliance during this period could result in delisting.

The Company intends to actively monitor the bid price of its common stock and will consider available options to regain compliance with the listing requirements. There can be no assurance that the Company will be able to regain compliance with Nasdaq's Listing Rule 5450(a)(1) or will otherwise be in compliance with other Nasdaq listing criteria.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CARA THERAPEUTICS, INC.

By: /s/ RYAN MAYNARD

Ryan Maynard Chief Financial Officer (Principal Financial and Accounting Officer)

Date: February 2, 2024