## **UNITED STATES** SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

# FORM 8-K

**CURRENT REPORT** Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) June 14, 2024

# CARA THERAPEUTICS, INC.

(Exact name of registrant as specified in its charter)

001-36279

75-3175693

Delaware

(State or other jurisdiction	(Commission	(IRS Employer
of incorporation)	File Number)	Identification No.)
400 Atlantic Street Suite 500		
Stamford, Connecticut		06901
(Address of principal executive offices)		(Zip Code)
(Address of principal executive offices)		(Zip code)
Registrant's te	elephone number, including area code	e (203) 406-3700
Check the appropriate box below if the Form 8-K filing is following provisions ( <i>see</i> General Instruction A.2.):	intended to simultaneously satisfy th	e filing obligation of the registrant under any of the
☐ Written communications pursuant to Rule 425 under t	the Securities Act (17 CFR 230.425)	
$\square$ Soliciting material pursuant to Rule 14a-12 under the	Exchange Act (17 CFR 240.14a-12)	
☐ Pre-commencement communications pursuant to Rule	e 14d-2(b) under the Exchange Act (1	17 CFR 240.14d-2(b))
☐ Pre-commencement communications pursuant to Rule	e 13e-4(c) under the Exchange Act (1	17 CFR 240.13e-4(c))
Securities registered pursuant to Section 12(b) of the Act:		
Title of each class	Trading Symbol	Name of each exchange on which registered
Common Stock, par value \$0.001 per share	CARA	The Nasdaq Stock Market LLC
Indicate by check mark whether the registrant is an emergic chapter) or Rule 12b-2 of the Securities Exchange Act of 1		ale 405 of the Securities Act of 1933 (§230.405 of this
Emerging growth company $\square$		
If an emerging growth company, indicate by check mark if or revised financial accounting standards provided pursuant	C	the extended transition period for complying with any new act. $\Box$ .

#### Item 2.05. Costs Associated with Exit or Disposal Activities.

On June 14, 2024, the Board of Directors of Cara Therapeutics, Inc. (the "Company") approved a streamlined operating plan exploring strategic alternatives focused on maximizing shareholder value after the Company announced its decision to discontinue the clinical program in notalgia paresthetica ("NP") following the outcome from the dose-finding Part A of the KOURAGE-1 study evaluating the efficacy and safety of oral difelikefalin for moderate-to-severe pruritus in adult patients with NP on June 12, 2024. In connection with the streamlined operating plan, the Board of Directors also approved a reduction in the Company's workforce by approximately 70%, which the Company expects to substantially complete by June 30, 2024. The Company anticipates recognizing approximately \$2.6 million in total charges in connection with the reduction in force, which costs are expected to be substantially recognized in the second and third quarter of 2024. These charges will consist primarily of one-time cash charges for termination benefits. The charges the Company expects to incur in connection with this reduction in workforce are subject to a number of assumptions, risks and uncertainties, and actual results may materially differ. The Company may also incur other material charges not currently contemplated due to events that may occur as a result of, or associated with, these actions.

#### Forward-Looking Statements

Statements contained in this report regarding matters that are not historical facts are "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. Examples of these forward-looking statements include statements concerning the Company's streamlined operating plan, the expected costs of the reduction in force and the timing of recognition of such charges. Because such statements are subject to risks and uncertainties, actual results may differ materially from those expressed or implied by such forward-looking statements. These risks and uncertainties include the risks inherent in the clinical and regulatory development of pharmaceutical products, and the risks described more fully in Cara Therapeutics' filings with the Securities and Exchange Commission, including the "Risk Factors" section of the Company's Annual Report on Form 10-K for the year ending December 31, 2023 and its other documents subsequently filed with or furnished to the Securities and Exchange Commission, including its Form 10-Q for the quarter ended March 31, 2024. All forward-looking statements contained in this report speak only as of the date on which they were made. Cara Therapeutics undertakes no obligation to update such statements to reflect events that occur or circumstances that exist after the date on which they were made, except as required by law.

### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

### CARA THERAPEUTICS, INC.

By: /s/ RYAN MAYNARD

Ryan Maynard Chief Financial Officer (Principal Financial and Accounting Officer)

Date: June 18, 2024