Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

OMB APPROVAL									
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* CHALMERS DEREK T						2. Issuer Name and Ticker or Trading Symbol Cara Therapeutics, Inc. [CARA]									neck all a	pplicable) ector	orting Person(s) to		Owner
(Last) (First) (Middle) C/O CARA THERAPEUTICS, INC. 4 STAMFORD PLAZA, 107 ELM ST, 9TH			3. Date of Earliest Transaction (Month/Day/Year) 08/24/2021										Officer (give title below) below) President & CEC			specify			
(Street) STAMF(6902 Zip)		4. If A	Amend	ment,	Date o	f Origina	al File	d (Month/Da	ıy/Yea	ar)	6. l	e) X Fo	or Joint/Grou rm filed by On rm filed by Mo rson	e Repo	orting Perso	on
		Table	I - Nor	n-Deriva	tive S	Secu	rities	Acq	uired	, Dis	posed of	, or	Ben	eficia	ally Ov	ned			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date				Execut y/Year) if any		Deemed cution Date, ny onth/Day/Year)				4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			d Sec Ber Ow	5. Amount of Securities Beneficially Owned Following Reported		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
										v	Amount	(A (C	A) or D)	Price	Trai	Transaction(s) (Instr. 3 and 4)			(
Common Stock 08/24/2					/2021				A		17,334 ⁽¹⁾ A		\$0.0	0 1,019,845			D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) (Month/Day/Year) 8)		Transa Code (8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4) Amount or Numb of Title Share		nstr. ount	8. Price Derivati Security (Instr. 5)	vative derivative irity Securities		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

1. Represents the number of shares that vested under a performance-based restricted stock unit award (the "RSU") based on the Issuer's satisfaction of certain performance criteria of the award. In light of the performance-based vesting conditions of the award, such shares were not reportable under Section 16 until vesting was determined, which occurred on August 24, 2021. The vested shares represents the first of three possible vesting events of the total number of shares subject to the award. The remaining shares subject to the award will vest only upon the satisfaction of additional performance vesting criteria. Each RSU represents the contingent right to receive one share of common stock of the Issuer.

Remarks:

/s/Darren DeStefano, Attorney-in-Fact

08/26/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.