UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) March 10, 2023

CARA THERAPEUTICS, INC.

(Exact name of registrant as specified in its charter)

Delaware	001-36279	75-3175693
(State or other jurisdiction	(Commission	(IRS Employer
of incorporation)	File Number)	Identification No.)
4 Stamford Plaza		
107 Elm Street, 9 th Floor		
Stamford, Connecticut		06902
(Address of principal executive offices)		(Zip Code)
Registrant's teleph	none number, including area code (203) 406-3700
Check the appropriate box below if the Form 8-K filing is inte following provisions (<i>see</i> General Instruction A.2.):	nded to simultaneously satisfy the	filing obligation of the registrant under any of the
☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
☐ Pre-commencement communications pursuant to Rule 14d-	-2(b) under the Exchange Act (17 C	CFR 240.14d-2(b))
☐ Pre-commencement communications pursuant to Rule 13e-	4(c) under the Exchange Act (17 C	CFR 240.13e-4(c))
Securities registered pursuant to Section 12(b) of the Act:		
Title of each class	Trading Symbol	Name of each exchange on which registered
Common Stock, par value \$0.001 per share	CARA	The Nasdaq Stock Market LLC
Indicate by check mark whether the registrant is an emerging g chapter) or Rule 12b-2 of the Securities Exchange Act of 1934		e 405 of the Securities Act of 1933 (§230.405 of this
		Emerging growth company □
If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box		

Item 7.01. Regulation FD Disclosure.

Cara Therapeutics, Inc. (the "Company") informs its investors that it does not hold cash deposits or securities at Silicon Valley Bank.

The information furnished under this Item 7.01 shall not be deemed "filed" for purposes of Section 18 of the Securities Exchange Act of 1934 (the "Exchange Act") or subject to the liabilities of that section, nor shall it be deemed to be incorporated by reference into any of the Company's filings with the Securities and Exchange Commission ("SEC") under the Exchange Act or the Securities Act of 1933, as amended, whether made before or after the date hereof, regardless of any general incorporation language in such a filing. The information shall not be deemed incorporated by reference into any other filing with the SEC made by the Company, regardless of any general incorporation language in such filing.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CARA THERAPEUTICS, INC.

By: /s/ CHRISTOPHER POSNER

Christopher Posner Chief Executive Officer

Date: March 10, 2023