FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
vasimigton,	D.O.	200-0

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours ner resnonse.	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					01	Secu	011 30(11) (JI LIIC	investinei	it Coi	прапу Аст	01 1940								
1. Name and Address of Reporting Person* VOGELBAUM MARTIN					2. Issuer Name and Ticker or Trading Symbol Cara Therapeutics, Inc. [CARA]								5. R (Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
VOGELBAUWI WIAKTIN															Compared to the compared to	r		10% Ov	vner	
(Last)						3. Date of Earliest Transaction (Month/Day/Year) 06/04/2020									Officer below)	(give title		Other (s below)	specify	
C/O RHO VENTURES																				
152 WEST 57TH STREET, 23RD FLOOR						4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)					
(Street)														1 '	,	led by One	Repo	orting Perso	n	
NEW YO	ORK N	Y	10019											Form f	Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)																	
		Tab	le I - Nor	n-Deriv	/ativ	e Se	curities	s Ac	quired,	Dis	posed o	f, or E	Bene	ficiall	y Owned					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquired Disposed Of (D) (Instr. 5)						es Formially (D) (I) (I		rm: Direct or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	t (A) or (D) F		Price	Reported Transact (Instr. 3	ion(s)			(Instr. 4)	
Common Stock 06/04				1/2020		A		14,400	14,400 ⁽¹⁾ A S		\$0.00	20	20,400		D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemee Execution I if any (Month/Day	Date,	4. Transactic Code (Inst 8)				6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Ame of Securities Underlying Derivative Secu (Instr. 3 and 4)		curity	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ve ies ially ng ed ction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	OI No Of	umber						
Stock Option (Right to Buy)	\$15.62	06/04/2020			A		21,600		(2)	(06/04/2030	Commo Stock		1,600	\$0.00	21,600)	D		

Explanation of Responses:

- 1. Represents the number of shares underlying restricted stock units ("RSUs") granted to the Reporting Person pursuant to the Issuer's non-employee director compensation policy. Each RSU represents the contingent right to receive one share of common stock of the Issuer. The RSUs vest on the earlier of (i) June 4, 2021 and (ii) immediately prior to the Issuer's next annual meeting of stockholders following the grant date, in each case, subject to the Reporting Person's continued service as a director through such date.
- 2. This option was granted to the Reporting Person pursuant to the Issuer's non-employee director compensation policy. The shares underlying the option vest and become exercisable on the earlier of (i) June 4, 2021 and (ii) immediately prior to the Issuer's next annual meeting of stockholders following the grant date, in each case, subject to the Reporting Person's continued service as a director through such date.

Remarks:

/s/Darren DeStefano, Attorneyin-Fact

06/08/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.